

workout planner

ORARI:

LUNEDI'

**10:15 AEROTONE
11:15 PILATES**

MARTEDI'

**10:15 POSTURALE
17:15 BODY
BOOST
18:15 HIIT**

MERCOLEDI'

**11:15 POSTURALE
12:45 PILATES**

GIOVEDI'

**10:15 POSTURALE
17:15 BODY BOOST
18:15 HIIT**

VENERDI'

**10:15 HIIT
11:15 PILATES**

SABATO

10:15 HIIT



Euro.Pa Service srl

via Boccaccio Cerro Maggiore tel. 0331 518033

